

REID & JORDAN PLUS SUMMER SCHOOL MENU

June 26 - July 28, 2023



Monday

Tuesday

Wednesday

Thursday

Friday

JUNE 26

Cheerios Cereal 😊
w/String Cheese
Mixed Fruit
Orange Juice

Chips & Cheese Dip Cup 🌿
w/String Cheese
Roasted Chickpeas
Fresh Apple Slices
Orange Juice

Bagel 27
w/Cream Cheese
Peaches
Apple Juice

Cinnamon Toast Crunch Cereal 😊
w/String Cheese
Yogurt
Corn
Fresh Plum
Apple Juice

Blueberry Chex 😊 28
w/String Cheese
Fresh Apple Slices
Orange Juice

Peanut Butter & Jelly Sandwich 🥪
Broccoli 🌿 w/Ranch Drsg.
Fresh Apple Slices
Orange Juice

Muffin 29
Applesauce Cup
Orange Juice

Make-Your-Own Pizza Kit 🌿
w/Mini Flat Bread, Marinara Sauce
Mozzarella Cheese
Shortbread Crackers
Carrots 🌿 w/Ranch Drsg.
Fresh Orange 🌿
Apple Juice

Cinnamon Toast Crunch Cereal 😊 30
w/String Cheese
Pineapple
Orange Juice

Peanut Butter Cup 🥜 🌿
Whole Grain Crackers
w/Chocolate Chickpea Spread 🌿
Carrots 🌿 w/Ranch Drsg.
Fresh Nectarine 🌿
Orange Juice

JULY 3

Cheerios Cereal 😊
w/String Cheese
Mixed Fruit
Orange Juice

Chips & Cheese Dip Cup 🌿
w/String Cheese
Roasted Chickpeas
Fresh Apple Slices
Orange Juice

4th of July FIREWORKS

Bagel 5
w/Cream Cheese
Fresh Apple Slices
Orange Juice

Cinnamon Toast Crunch Cereal 😊
w/String Cheese
Yogurt
Broccoli 🌿 w/Ranch Drsg.
Fresh Plum
Orange Juice

Muffin 6
Applesauce Cup
Orange Juice

Make-Your-Own Pizza Kit 🌿
w/Mini Flat Bread, Marinara Sauce
Mozzarella Cheese
Shortbread Crackers
Carrots 🌿 w/Ranch Drsg.
Fresh Orange 🌿
Apple Juice

Cinnamon Toast Crunch Cereal 😊 7
w/String Cheese
Pineapple
Orange Juice

Peanut Butter Cup 🥜 🌿
Whole Grain Crackers
w/Chocolate Chickpea Spread 🌿
Carrots 🌿 w/Ranch Drsg.
Fresh Nectarine 🌿
Orange Juice

Cheerios Cereal 😊 10
w/String Cheese
Mixed Fruit
Orange Juice

Chips & Cheese Dip Cup 🌿
w/String Cheese
Roasted Chickpeas
Fresh Apple Slices
Orange Juice

Bagel 11
w/Cream Cheese
Peaches
Apple Juice

Cinnamon Toast Crunch Cereal 😊
w/String Cheese
Yogurt
Corn
Fresh Plum
Apple Juice

Blueberry Chex 😊 12
w/String Cheese
Fresh Apple Slices
Orange Juice

Peanut Butter & Jelly Sandwich 🥪
Broccoli 🌿 w/Ranch Drsg.
Fresh Apple Slices
Orange Juice

Muffin 13
Applesauce Cup
Orange Juice

Make-Your-Own Pizza Kit 🌿
w/Mini Flat Bread, Marinara Sauce
Mozzarella Cheese
Shortbread Crackers
Carrots 🌿 w/Ranch Drsg.
Fresh Orange 🌿
Apple Juice

Cinnamon Toast Crunch Cereal 😊 14
w/String Cheese
Pineapple
Orange Juice

Peanut Butter Cup 🥜 🌿
Whole Grain Crackers
w/Chocolate Chickpea Spread 🌿
Carrots 🌿 w/Ranch Drsg.
Fresh Nectarine 🌿
Orange Juice

KEY

- 😊 reduced-sugar cereal
- 🐷 contains pork
- 🌿 meatless (all breakfast items and sides are meatless)
- 🌾 whole grain (all grains are whole grains)
- 🌱 locally grown/sourced
- 🥜 contains peanuts



OFFERED DAILY

- 🥛 low fat white milk
- 🍫 non fat chocolate milk

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Cheerios Cereal 😊 17
w/String Cheese
Mixed Fruit
Orange Juice

Chips & Cheese Dip Cup 🌿
w/String Cheese
Roasted Chickpeas
Fresh Apple Slices
Orange Juice

Bagel 😊 18
w/Cream Cheese
Peaches
Apple Juice

Cinnamon Toast Crunch Cereal 😊
w/String Cheese
Yogurt
Corn
Fresh Plum
Apple Juice

Blueberry Chex 😊 19
w/String Cheese
Fresh Apple Slices
Orange Juice

Peanut Butter & Jelly Sandwich 🥪
Broccoli 🌿 w/Ranch Drsg.
Fresh Apple Slices
Orange Juice

Muffin 20
Applesauce Cup
Orange Juice

Make-Your-Own Pizza Kit 🌿
w/Mini Flat Bread, Marinara Sauce
Mozzarella Cheese
Shortbread Crackers
Carrots 🌿 w/Ranch Drsg.
Fresh Orange 🌿
Apple Juice

Cinnamon Toast Crunch Cereal 😊 21
w/String Cheese
Pineapple
Orange Juice

Peanut Butter Cup 🥪
Whole Grain Crackers
w/Chocolate Chickpea Spread 🌿
Carrots 🌿 w/Ranch Drsg.
Fresh Nectarine 🌿
Orange Juice

Cheerios Cereal 😊 24
w/String Cheese
Mixed Fruit
Orange Juice

Chips & Cheese Dip Cup 🌿
w/String Cheese
Roasted Chickpeas
Fresh Apple Slices
Orange Juice

Bagel 25
w/Cream Cheese
Peaches
Apple Juice

Cinnamon Toast Crunch Cereal 😊
w/String Cheese
Yogurt
Corn
Fresh Plum
Apple Juice

Blueberry Chex 😊 26
w/String Cheese
Fresh Apple Slices
Orange Juice

Peanut Butter & Jelly Sandwich 🥪
Broccoli 🌿 w/Ranch Drsg.
Fresh Apple Slices
Orange Juice

Muffin 27
Applesauce Cup
Orange Juice

Make-Your-Own Pizza Kit 🌿
w/Mini Flat Bread, Marinara Sauce
Mozzarella Cheese
Shortbread Crackers
Carrots 🌿 w/Ranch Drsg.
Fresh Orange 🌿
Apple Juice

Cinnamon Toast Crunch Cereal 😊 28
w/String Cheese
Pineapple
Orange Juice

Peanut Butter Cup 🥪
Whole Grain Crackers
w/Chocolate Chickpea Spread 🌿
Carrots 🌿 w/Ranch Drsg.
Fresh Nectarine 🌿
Orange Juice

KEY

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OFFERED DAILY

- low fat white milk
- non fat chocolate milk

AUGUST 30, 2023
First Day of
2023 - 2024
School Year

