Tucker Menu

Summer 2024

all V 10	MON	TUE	WED	THU	FRI
	BREAKFAST Jun 24	BREAKFAST 25	BREAKFAST 26	BREAKFAST 27	BREAKFAST 28
	Cheerios Cereal String Cheese Mixed Fruit or Variety	Bagel w/Cream Cheese Peaches or Variety	Blueberry Chex Cereal V String Cheese Dried Cranberries or Variety	Muffin Pineapple or Variety	Cinnamon Toast Crunch 𝒞 String Cheese Fresh Apple Slices or Variety
	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
	PB & J Sandwich Fresh Apple Slices or Variety Fresh Baby Carrots	Chips & Cheese Dip Cup > String Cheese Fresh Plum or Variety Roasted Chickpeas	PB&J Sandwich Fresh Banana or Variety Applesauce Cup Fresh Baby Carrots ★	Turkey Ham & Cheese Sandwich Fresh Orange ★ or Variety Corn & Roasted Chickpeas	Crackers w/Peanut Butter & Chocolate Hummus Fresh Nectarine 🖈 or Variety Fresh Broccoli & Celery 🖈
Offered Daily	BREAKFAST Jul 1	BREAKFAST 2	BREAKFAST 3	4	BREAKFAST 5
Low-Fat White Milk	Cheerios Cereal ∛ String Cheese Mixed Fruit or Variety	Bagel w/Cream Cheese Peaches or Variety	Muffin `` Dried Cranberries or Variety		Cinnamon Toast Crunch String Cheese Fresh Apple Slices or Variety
• Nonfat Chocolate Milk 🏲	LUNCH	LUNCH	LUNCH		LUNCH
• 100% Fruit or Veggie Juice ∛	PB & J Sandwich ∛ Fresh Apple Slices or Variety Fresh Baby Carrots	Chips & Cheese Dip Cup String Cheese Fresh Plum or Variety Roasted Chickpeas	PB&J Sandwich Fresh Banana or Variety Applesauce Cup Fresh Baby Carrots ★	Independence Day	Crackers w/Peanut Butter & Chocolate Hummus → Fresh Nectarine ★ or Variety Fresh Broccoli & Celery ★
Key	BREAKFAST 8	BREAKFAST 9	BREAKFAST 10	BREAKFAST 11	BREAKFAST 12
House-Made	Cheerios Cereal String Cheese Mixed Fruit or Variety	Bagel w/Cream Cheese Peaches or Variety	Blueberry Chex Cereal V String Cheese Dried Cranberries or Variety	Muffin Pineapple or Variety	Cinnamon Toast Crunch String Cheese Fresh Apple Slices or Variety
Locally-Grown & Sourced	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Vegetarian Entrees	PB & J Sandwich Fresh Apple Slices or Variety Fresh Baby Carrots★	Chips & Cheese Dip Cup String Cheese Fresh Plum or Variety Roasted Chickpeas	PB&J Sandwich Fresh Banana or Variety Applesauce Cup Fresh Baby Carrots ★	Turkey Ham & Cheese Sandwich Fresh Orange ★ or Variety Corn & Roasted Chickpeas	Crackers w/Peanut Butter & Chocolate Hummus Fresh Nectarine 🖈 or Variety Fresh Broccoli & Celery 🖈
All Fruits, fresh vegetables, & cereals are vegan.	BREAKFAST 15	BREAKFAST 16	BREAKFAST 17	BREAKFAST 18	BREAKFAST 19
Contains Pork	Cheerios Cereal ∛ String Cheese Mixed Fruit or Variety	Bagel w/Cream Cheese Peaches or Variety	Blueberry Chex Cereal String Cheese Dried Cranberries or Variety	Muffin `` Pineapple or Variety	Cinnamon Toast Crunch String Cheese Fresh Apple Slices or Variety
All grains are whole-grain rich	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE.	PB & J Sandwich Fresh Apple Slices or Variety Fresh Baby Carrots	Chips & Cheese Dip Cup String Cheese Fresh Plum or Variety Roasted Chickpeas	PB&J Sandwich ♥ Fresh Banana or Variety Applesauce Cup Fresh Baby Carrots ★	Turkey Ham & Cheese Sandwich ♀ Fresh Orange ★ or Variety Corn & Roasted Chickpeas	Crackers w/Peanut Butter & Chocolate Hummus Fresh Nectarine 🖈 or Variety Fresh Broccoli & Celery 🖈
Scan QR code for more menu	BREAKFAST 22	BREAKFAST 23	BREAKFAST 24	BREAKFAST 25	BREAKFAST 26
	Cheerios Cereal String Cheese Mixed Fruit or Variety	Bagel w/Cream Cheese Peaches or Variety	Blueberry Chex Cereal String Cheese Dried Cranberries or Variety	Muffin Pineapple or Variety	Cinnamon Toast Crunch String Cheese Fresh Apple Slices or Variety
Lin 42 412	LUNCH	LUNCH		LUNCH	LUNCH
CALIFORNIA FARM TO SCHOOL NETWORK	Chips & Cheese Dip Cup String Cheese Fresh Apple Slices or Variety Fresh Baby Carrots	Turkey Ham Sandwich Fresh Plum 🗙 or Variety Roasted Chickpeas	PB&J Sandwich Fresh Banana or Variety Applesauce Cup Fresh Baby Carrots ★	Turkey Ham & Cheese Sandwich ♀ Fresh Orange ★ or Variety Corn & Roasted Chickpeas	Crackers w/Peanut Butter & Chocolate Hummus Fresh Nectarine 🗙 or Variety Fresh Broccoli & Celery 🗙